






Helen Quilliam Sanctuary Trail Map



Owned and maintained by the Kingston Field Naturalists.
Access is restricted to KFN members and their guests.
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Legend

- Property Boundary..... 
- Main Sign..... 
- Outdoor Privy..... 
- Roadside Parking..... 
- Lookout..... 



Faith Avis Trail

1.2 km

This recently altered trail is a gentle walk offering a lake-level view of Rothwell Lake. Heading north through deciduous forest the trail crosses a beaver pond which creates the stream which empties into Rothwell Lake. A private cottage lane, which is on KFN property is used to cross the beaver pond. Faith Avis served on the KFN executive for 30 years as President 1978-80, Honorary President 2007-10, and contributed over twenty articles to the Blue Bill Periodical.

Betty Hughes Trail

0.7 km

The Sanctuary's shortest and gentlest walk offers a beautiful westward view overlooking Rothwell Lake. Betty Hughes, a long time KFN member kept the bird records for 17 years, contributed regularly to the Blue Bill and led many field trips to the Sanctuary and other places during the 60's and 70's.

Greenwood Track

4 km

The Greenwood Track is a right of way trail which leads to the John Edward (Ted) Greenwood Wildlife Sanctuary, a 36 hectare (90 acre) property donated to the Ontario Heritage Trust. The track begins at Bedford Road, leaves the KFN property into privately-owned land before ending in the Greenwood Sanctuary. This gentle walk passes through deciduous forest, open areas and by large beaver ponds. Both ends of the Roland Beschel Trail intersect the Greenwood Track.

Roland Beschel Trail

2.3 km

This trail starts and ends from the Greenwood Track. Named after renowned Queen's University botanist Roland Beschel, this semi-rugged trail meanders through typical shield terrain along the edges of several beaver ponds. During the 60's Beschel was instrumental in setting trails and labelling plants and trees in the Sanctuary. The trail leaves the Sanctuary and crosses onto private land and CRCA property.

Van Luven Trail

1.6 km

Probably our most challenging hike, this trail has many ups and downs offering several beautiful looks at North Otter Lake. This peninsula was purchased from the Van Luven Family hence its name. The sanctuary's only outdoor privy is located about 100 metres from Bedford Road along the northern entrance to this trail.

Art Bell Trail

1 km

This short but fairly rugged walk offers a great view of North Otter Lake. Art Bell was a KFN Charter member, president and executive member from 1951-1992. Art is renowned for his leadership and participation in birding events such as field trips, Christmas Counts, and Breeding Bird Census.

Connector Trail

0.4 km

This short trail connects the Beschel and Porcupine Trails. It is generally flat with a descent to and rise from a beaver dam which must be traversed to cross a short stream.

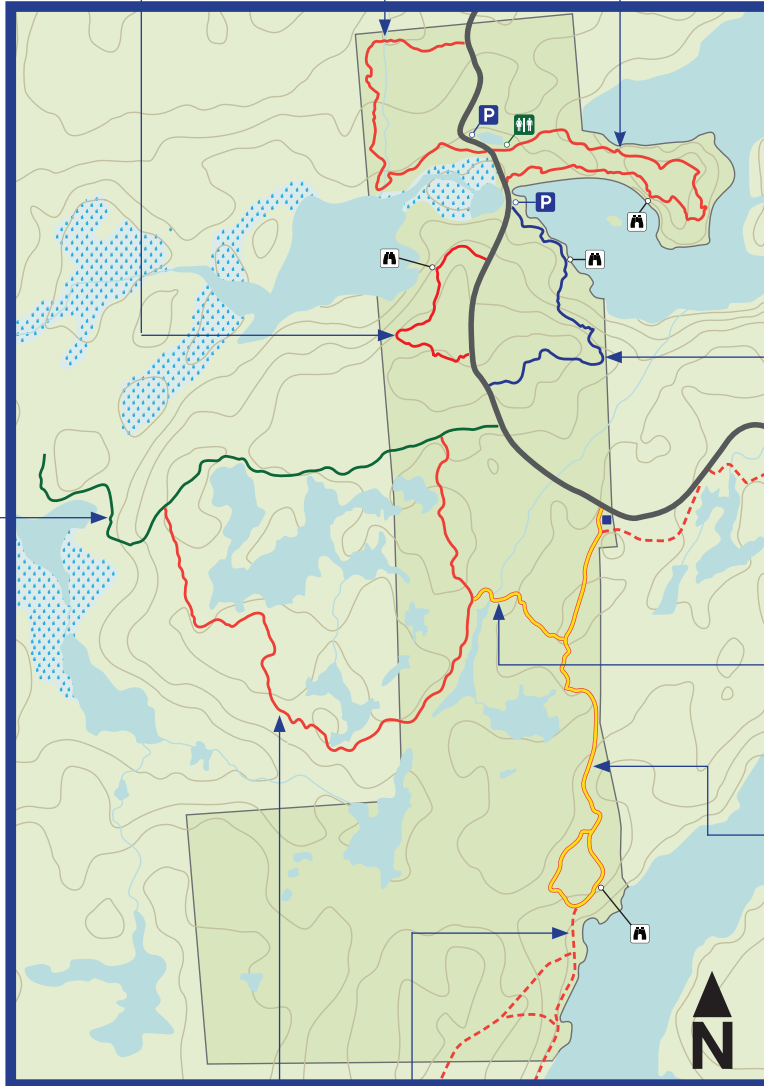
Porcupine Trail

2.8 km

This trail begins at the main HQS sign, skirts the eastern border of our property and offers a semi rugged hike to a beautiful view of Gould Lake. The trail then loops around and returns to the trail head.

Rideau Trail

The Rideau Trail enters the Helen Quilliam Sanctuary from the south at Gould Lake and follows the Porcupine Trail until it exits the property near Bedford Road and continues east toward Frontenac Provincial Park. The Rideau Trail is a 387 km network of interconnected hiking trails between the City of Kingston and the City of Ottawa.



Helen Quilliam Sanctuary

In 1963 KFN purchased a 200 acre (81 hectare) plot of land north of Sydenham which became the Otter Lake Sanctuary. Over the next several decades three more parcels of land were added to the original purchase to create the approximately 500 acres (200 hectares) we see today. Birding was the major focus of the sanctuary in its early years along with study of plants and trees. In June of 1995 the sanctuary was renamed to honour Helen Quilliam who was a distinguished KFN leader for almost four decades.

HQS Map

This 2021 version of the HQS map has been a two year Covid 19 era project led by Gaye Beckwith, who with the help of a dedicated group of KFN members*, located over 30 boundary markers, rerouted trails, and used Global Positioning System (GPS) to accurately record each trail. The map is available as a hard copy as well as an electronic version available from our website.

*Erwin Batalla, Betsy Beckwith, Gary Hillaby, Kathy Webb, Bill Depew, Anne and Barry Robertson, Janet and Bruce Elliott, Liz and Mike Evans, Dianne Croteau and Richard Brault .



Black-legged Ticks

Be aware that ticks are present in the Sanctuary. Tuck pants into socks and always conduct a full body check after your hike. Proper footwear is recommended on all trails.